



PRODUCT SPECIFICATION

PRODUCT:	Organic Bulgar
PRODUCT CODE(S):	G0150 (Bulk)
COUNTRY/COUNTRIES OF ORIGIN:	Turkey
Please note that the country of origin may differ from that specified due to seasonal shortages	
INTRASTAT CODE:	19043000
INGREDIENTS:	Bulgar Wheat *
Please note it is possible for these ingredients to change dependent upon brand or batch & availability; please refer to the packaging for confirmation	* <i>Organically certified ingredient</i>
ORGANIC CERTIFICATION CODE(S):	GB-ORG-02

DESCRIPTION:	Organic medium bulgur
COLOUR:	Uniform Yellow
TASTE:	Typical taste without any off taste
TEXTURE:	Free flowing without lumps, soft but firm

BROKEN:	0.1% by weight
DISCOLOURED:	0.1% by weight
FOREIGN MATTER:	Absent
MOISTURE:	14% max

ECOLI:	< 10 cfu/g
MOULDS:	< 10,000 cfu/g
SALMONELLA:	Absent in 25g
YEAST:	< 10,000 cfu/g

STORAGE INSTRUCTIONS:	Cool, dry & hygienic; away from direct light & strong odours .
COOKING INSTRUCTIONS:	Rinse in cold water. Add 1 part bulgar to 2 parts water. Bring to the boil and simmer for approximately 15-20 minutes until the water is absorbed.
PACKAGING DESCRIPTION:	Packed in paper sack

	INNER	OUTER
GROSS WEIGHT:	25kg	

NUTRITIONAL INFORMATION (typical values per 100g)		
Energy	1340	kJ
	329	kcal
Fat	1.2	g
Of which saturates	0.0	g
Carbohydrate	73.0	g
Of which sugars	0.6	g
Fibre	8.5	g
Protein	13.0	g
Salt	0.07	g



Does the product contain any of the following?	Present
Cereals containing Gluten: wheat, rye, barley, oats, spelt, kamut or their hybridised strain	Y
Mollusc	N
Crustacean (shellfish and products thereof)	N
Egg and products thereof	N
Fish and products thereof	N
Soya (soy) beans & protein and products thereof	N
Milk & dairy (including lactose) and products thereof	N
Celery Seeds, celeriac and products thereof	N
Mustard Seeds and products thereof	N
Lupin and products thereof	N
Sesame Seed and products thereof	N
Nuts and products thereof (namely almond, hazelnut, walnut, cashew nut, pecan nut, brazil nut, pistachio nut, macadamia nut and Queensland nut)	N
Peanuts and products thereof	N
Added Sulphur Dioxide: (the product contains >10mg/Kg added Sulphur Dioxide in the form of SO ₂ , Sulphites (E220,E221, E222, E223, E224, E226, E227, E228))	N
Y = Present in product N = Not in product, not processed in same factory NS = Not in product, not sure if processed on same line / same factory L = Processed on same line F = Processed in same factory M = May contain from other sources (eg. crop rotation risk)	

ALLERGEN STATEMENT Where products are indicated as not having an allergen present, this refers to the product not being formulated or wholly derived from the particular ingredient. Allergen handling policies and procedures are in place throughout the supply chain to reduce the likelihood of cross contamination, however this cannot be guaranteed.
Please refer to individual labels for more information.

GMO DECLARATION:	This product has been produced without the use of genetically modified organisms (GMOs) or their derivatives, nor been irradiated
ORGANIC CERTIFICATION:	Essential Trading Co-operative Limited is organically certified to EU Regulation 834/2007 by the Organic Farmers & Growers (GB-ORG-02)
CONDITIONS OF SALE:	All sales are made under Essential Trading Co-operative's Conditions of Sale & Terms of Trade (available upon request)

To the best of our knowledge the information contained herein is true and accurate. Essential Trading Co-operative Limited cannot assume liability for any loss or damage arising out of the use of this data & nothing contained herein shall be construed to imply warranty or guarantee.

All unprocessed commodities may contain impurities. It is the responsibility of the customer to ensure that they are fit for their intended use.

Specifications are updated according to the latest batch we stock. We cannot guarantee that the specifications match the product we have delivered to you due to stock rotation. For accurate information regarding specific batches, please contact Quality Assurance with the product code, batch details and invoice number.

Signature:



This specification supersedes all others issued or dated before it

Date: 27/02/2025

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REASON FOR CHANGE:	Specification Review
Version:	1.2

