



## PRODUCT SPECIFICATION

PRODUCT:	Nutmegs (Ground) (Org)
PRODUCT GROUP CODE (First 4 Characters):	H842 see list of variants below
COUNTRY/COUNTRIES OF ORIGIN:?	Indonesia/India/Sri Lanka
Please note that the country of origin may differ from that specified due to seasonal shortages	
INTRASTAT CODE:	9081100
INGREDIENTS:?	Nutmeg*.
Please note it is possible for these ingredients to change dependent upon brand or batch & availability; please refer to the packaging for confirmation	
	* Organically certified ingredient(s)
ORGANIC CERTIFICATION CODE(s):	GB-ORG-02

### Product sold in these variants

Product Code	Description	Total Kilo Weight
H842D	Nutmegs (Ground) (500g) (Org)	0.50

DESCRIPTION:	The evergreen nutmeg tree originated in Indonesia and is grown in most tropical areas. Nutmeg is the seed of the plant, Mace its dried outer covering.
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ECOLI:	<10 cfu/gram
MOULDS:	<10 cfu/gram
SALMONELLA:	Not detected/125gram
YEAST:	<10 cfu/gram
STORAGE INSTRUCTIONS:	Cool, dry & hygienic; away from direct light & strong odours . Once opened keep in an air tight container for freshness.

### NUTRITIONAL INFORMATION (typical values per 100g)

Energy	2198	kJ
	525	kcal
Fat	36.3	g
Of which saturates	25.9	g
Carbohydrate	49.3	g
Of which sugars	3	g
Fibre	20.8	g
Protein	5.8	g
Salt	0.04	g



Does the product contain any of the following?	Present
Cereals containing Gluten: wheat, rye, barley, oats, spelt, kamut or their hybridised strains	N
Mollusc	N
Crustacean (shellfish and products thereof)	N
Egg and products thereof	N
Fish and products thereof	N
Soya (soy) beans & protein and products thereof	N
Milk & dairy (including lactose) and products thereof	N
Celery Seeds, celeriac and products thereof	N
Mustard Seeds and products thereof	N
Lupin and products thereof	N
Sesame Seed and products thereof	N
Nuts and products thereof (namely almond, hazelnut, walnut, cashew nut, pecan nut, brazil nut, pistachio nut, macadamia nut and Queensland nut)	N
Peanuts and products thereof	N
Added Sulphur Dioxide: (the product contains >10mg/Kg added Sulphur Dioxide in the form of SO <sub>2</sub> , Sulphites (E220,E221, E222, E223, E224, E226, E227, E228)	N
Y = Present in product N = Not in product, not processed in same factory M = May contain from other sources (eg. crop rotation, handled on site, handled on supplier site)	

ALLERGEN ADVICE:	May contain traces of, or contains: celery, gluten, mustard, nuts, peanuts, sesame, soya and/or sulphur dioxide.
Where products are indicated as not having an allergen present, this refers to the product not being formulated or wholly derived from the particular ingredient. Allergen handling policies and procedures are in place throughout the supply chain to reduce the likelihood of cross contamination, however this cannot be guaranteed. Please refer to individual labels for more information.	

GMO DECLARATION:	This product has been produced without the use of genetically modified organisms (GMOs) or their derivatives, nor been irradiated.
ORGANIC CERTIFICATION:	Essential Trading Co-operative Limited is organically certified to EU Regulation 834/2007 by the Organic Farmers & Growers (GB-ORG-02)
CONDITIONS OF SALE:	All sales are made under Essential Trading Co-operative's Conditions of Sale & Terms of Trade (available upon request)

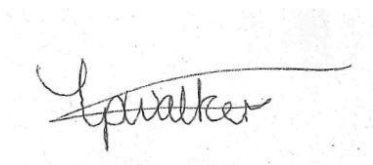


To the best of our knowledge the information contained herein is true and accurate. Essential Trading Co-operative Limited cannot assume liability for any loss or damage arising out of the use of this data && nothing contained herein shall be construed to imply warranty or guarantee.

All unprocessed commodities may contain impurities. It is the responsibility of the customer to ensure that they are fit for their intended use.

Specifications are updated according to the latest batch we stock. We cannot guarantee that the specifications match the product we have delivered to you due to stock rotation. For accurate information regarding specific batches, please contact Quality Assurance with the product code, batch details and invoice number.

Signature:



This specification supersedes all others issued or dated before it

Date: 08/08/2025

Leighton Walker

sales@essential-trading.coop	www.essential-trading.coop
+44 (0)117 943 0800	Essential Trading Co-operative Ltd. Registered Company Number IP23234R Registered Office: Unit 3 Lodge Causeway Trading Estate, BRISTOL, BS16 3JB, UK

Reason For Change:

Specification Review

Spec Version Ref:

**H842 <> 20250808**