

A close-up photograph of several rectangular brownies. The brownies are a deep, dark chocolate color with a cracked, fudgy texture. They are decorated with smooth, oval-shaped chocolate candies and a sprinkling of coarse white sea salt. The brownies are arranged in a slightly overlapping pattern, filling the frame.

# *Black Bean Brownies*





These vegan brownies are perfectly chewy and indulgent owing to blended black beans incorporated into the batter. The beans go undetected and keep the brownies moist and chewy with a rich, dark colour. We recommend chilling the batter before baking, giving the flavours and ingredients time to meld together; this will really impact the texture and taste of the finished brownies.

Prep **15 mins**  
Chill **2 hrs**  
Cook **35mins**  
Serves **12**

#### Ingredients:

- 2 flax eggs (2 Tablespoons Ground Flaxseed + 6 Tablespoons Hot Water)
- 2x 400g cans Essential Black Beans, drained and rinsed
- 120ml coconut Oil - melted
- 2 teaspoons Vanilla Extract
- 60g Plain Flour
- 65g Cocoa Powder
- 300g granulated sugar
- 1 teaspoon Baking Powder
- ½ teaspoon Salt
- 175g good quality vegan dark chocolate, plus more to place directly on top of the brownies - chopped

1. Preheat the oven to 180°C. Grease a 20cm x 20cm dish, and line with baking paper.

2. Prepare your flax eggs by mixing 2 tablespoons of ground flaxseed with 6 tablespoons of hot water. Let it sit for a minute.

3. Drain and rinse your black beans and then add them to a blender along with your flax eggs, coconut oil and vanilla extract and process until well mixed.

4. Transfer the mix to a mixing bowl and add in the plain flour, cocoa powder, sugar, baking powder and salt and mix into a thick batter.

5. Fold in the chopped chocolate.

6. Chill the batter in the fridge for at least 2 hours.

7. Once chilled, transfer the batter to your prepared baking dish and smooth down.

8. Sprinkle more chopped chocolate directly on top of the brownies.

9. Bake for 30-35 minutes or until a knife comes out clean from the brownies.

10. Allow to cool for a few minutes before lifting the brownies out onto a cutting board. Then allow to cool completely before cutting into squares.

